

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 January 2019		1 9:30 Holy Mass 10:00 New Year's Parade 11:30 New Year's Dinner 1:30 Bingo w/ Justine <small>New Year's Day</small>	2 9:30 Holy Mass 10:00 Name That Tune 1:30 Pokeno 4:00 Holy Rosary	3 9:30 Holy Mass 10:00 Price Is Right 1:30 Amerigroup Bingo 4:00 Holy Rosary	4 9:30 Holy Mass 10:00 Balloon Volleyball 2:00 Manicure Day ADORATION	5 9:30 Holy Mass 10:00 Andy Griffin Show 1:30 Computer Club 4:00 Holy Rosary Breakfast Buffet
6 9:30 Holy Mass 10:00 Crossword Puzzle 1:30 Fun w/ Gail 4:00 Holy Rosary	7 9:00 Holy Rosary w/ Legions of Mary 9:30 Holy Mass 10:00 Scattergories 1:30 Double Dice Game	8 9:30 Holy Mass 10:00 Who I am? 1:30 Bingo w/ Justine* 4:00 Holy Rosary	9 9:30 Holy Mass 10:00 Price Is Right 1:30 White Elephant 4:00 Holy Rosary	10 9:30 Holy Mass 10:00 Velcro Toss 2:00 Computer Club 4:00 Holy Rosary	11 9:30 Holy Mass 10:00 Hangman 1:30 What's Wrong With This Picture 4:00 Holy Rosary	12 9:30 Holy Mass 10:00 Leave It To Beaver 1:30 Arts & Crafts 4:00 Holy Rosary
13 9:30 Holy Mass 10:00 Hangman 1:30 Fun/ Gail 4:00 Holy Rosary	14 9:30 Holy Mass 10:00 Let's Write A Story 1:30 Piano w/ Mic 4:00 Holy Rosary	15 9:30 Holy Mass 10:00 Bowling 1:30 Bingo w/ Justine 4:00 Holy Rosary	16 9:30 Holy Mass 10:00 Deal or No Deal 1:30 Drum Circle 4:00 Holy Rosary	17 9:30 Holy Mass 10:00 Family Feud 2:00 Wheelchair Yoga w/ Julia 4:00 Holy Rosary	18 9:30 Holy Mass 10:00 Armchair Travel 2:00 Manicure Day 4:00 Holy Rosary	19 9:30 Holy Mass 10:00 Bonanza 1:30 January Birthday Party 4:00 Holy Rosary Breakfast Buffet
20 9:30 Holy Mass 10:00 Horse Racing 1:30 Trivia Bingo 4:00 Holy Rosary	21 9:00 Holy Rosary w/ Legions of Mary 9:30 Holy Mass 10:00 I Have A Dream 1:30 Gospel Loretta <small>Martin Luther King Day Tu B'Shevat</small>	22 9:30 Holy Mass 10:00 Dean Martin 1:30 Bingo w/ Justine* 4:00 Holy Rosary	23 9:30 Holy Mass 10:00 What Am I? 1:30 Arts & Crafts w/ Popcorn 4:00 Holy Rosary	24 9:30 Holy Mass 10:00 Toss & Talk Ball 2:00 Computer Club 4:00 Holy Rosary	25 9:30 Holy Mass 10:00 Trivia 1:30 Amerigroup Bingo 4:00 Holy Rosary	26 9:30 Holy Mass 10:00 The Honeymooners 1:30 Resident's Council Minutes 4:00 Holy Rosary
27 9:30 Holy Mass 10:00 You Be The Judge 1:30 State Bingo 4:00 Holy Rosary	28 9:30 Holy Mass 10:00 Anagrams 1:30 Junk Drawer Detective 4:00 Holy Rosary <small>Australia Day (observed)</small>	29 9:30 Holy Mass 10:00 Armchair Travel 1:30 Bingo w/ Justine 4:00 Holy Rosary	30 9:30 Holy Mass 10:00 Trivia 1:30 Eat, Wear, or Drive? 4:00 Holy Rosary	31 9:30 Holy Mass 10:00 Bean Bag Toss 2:00 Computer Club 4:00 Holy Rosary	 Happy New Year. May the New Year bring to you warmth of love, and a light to guide your path towards a positive destination.	

All Activities are Subject to Change

Villa Raffaella Assisted Living Facility 917 S Main Street, Pleasantville, NJ 08232 (609) 645-9300

Villa News January 2019

Anniversaries

Mary Higgins
Sylvia Hoover
Marjorie Potenza
Mary Vasslides
Florence Stablini
Constance Cavato
Doris Skalka
Rosa Mosetti

What's Lucky in January?

Lucky Color: Blue
Lucky Day: Saturday
Lucky Number: 2 & 7
Luck Letter: J
Lucky Plant: Ivy

JANUARY BIRTHDAY

Gertrude Gladue
January 10
Serafino Corvari
January 16

Bye – Bye to Day

The Cold day winter air can weak havoc on sensitive skin and causes dryness. January 8 is winter skin relief day. Skin lotions with moistures is helpful but dermatologist recommend taking shorter shower. This may be the number one causes of dry skin. A hot shower strips the skin of its natural oils, degrading own barrier against cold, dry air. Its recommended shower take less than 10 min and no hotter than 84 degrees. Look for soaps that are pH balance. Moistures is the key a thick and oily cream while skin is still damp this improve absorption but don't apply too much.

History of Exploration

On January 13, 1888 an elite group of 33 explorers, scientists, academics, and wealthy financiers met at cosmos club in Washington, DC with a common goal: “the increase and diffusion of geographical knowledge.” In two weeks on January 27 the National Geographic Society was founded. Their first president was Gardiner Green Hubbard, he was a lawyer and a philanthropist.

It took nine months for National Geographic to publish its first magazine mailed to 165 charter members. Today the magazine is worldwide and the circulation is 6.7 Million. Here is some fascinating explorations: Roberts Peary's journey to the North Pole, Jacques Cousteau's dives to the deepest parts of the seas, Jane Goodall's communes with chimpanzees. For over 130 years, it has stood by its original motto, to continue make important discoveries. If you like reading this magazine you will find some in our library.

Ringing in the New Year's Around the World

Through we often use fireworks to celebrate the New Year, Puerto Rican children throw water out of the windows at midnight to rid their homes of evil spirits. In France, a stack of pancakes is eaten for luck and good health. In Spain, it's traditional to eat 12 grapes at midnight-one for each strikes of the clock and month of the year. What's your tradition?

Mary's Corner



“January, The first month of the year, a perfect time to start all over again, changing energies and deserting old moods, New beginnings, new attitudes.”

- Charmaine J. Forde

The Snowbird is January's bird, the call of this bird is (hoo, h'Hoo, hoo, hoo) they got their nickname “Hoot Owl” by chain call.

Their piercing yellow eyes adapt to low light, but great ability, hunting skills. They eat rodents, skunk, porcupine or other raptors.

Rather than building nests, great horned owl use abandoned ones they spruce them up with grass, twigs and their own breast feathers. They adapt well living in union state woodlands, swamps, mountains, suburban parks and even empty city buildings.

January's Birthstones is Garnet.

This gemstone marks the second wedding anniversary.

Garnets come in a variety of colors including green, clear, and even black. Green garnets is very rare and there are most highly priced.

January's Flower is Carnation.

Carnations are my favorite flower. When I was in high school and went to Spring Formal or Prom I always had carnations. When I got married guess what kind of flowers I had? Your right carnation Ha! Ha!

There are about 300 species their genus, Dianthus, means “flowers of the gods,” which explains why they were a favorite among the early Romans They made them into celebratory weathers. According to some sources, these pretty petals first grew from the patches of earth where Mary's tears fell after Christ's Crucifixion. Because of this, carnation have come to represent a mother's love.

In 1908 carnations where used in the first Mother's Day celebration.

Wolf Moon

January's full moon which occurs on January 21, is commonly known as the wolf moon. It received its name because, amid the cold and deep snowier of midwinter, the wolf packs howled hungrily outside early Native American Indian villages. Other names includes “old moon” or “moon after yule”.